

FOR THE
PLAYER 
ACADEMY

THE PERFORMANCE CENTRE.



Terms & Conditions.

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Last Updated: April 2025

Annex A – Introduction

Welcome to For the Players Performance Centre Limited, trading as FTPPC (“FTPPC” or “we”). At FTPPC, our mission is to remove confusion from performance improvement by offering athletes and coaches a tailored performance optimisation platform. Our services include customised performance programs, intelligent coaching support, energy management, and practical guidance to support sustainable physical development and peak performance.

Our platform fosters a community of like-minded individuals all working toward maximising athletic potential.

These Terms and Conditions govern your use of the FTPPC platform and services, whether as an individual athlete or a coach delivering services via our platform.

Annex B – About Us & Contact

We are For the Players Performance Centre Limited, a company registered in United Kingdom. Our registered office is at Imperial House, 1a Standen Avenue, Hornchurch, Essex, RM12 6AA. We trade as For the Players Performance Centre Limited and operate the FTPPC platform.

To contact us, email info@ftppc.com or write to us at FTPPC, Imperial House, 1a Standen Avenue, Hornchurch, Essex, RM12 6AA.

If we need to contact you, we will use the email, phone number, or postal address you provided.

Annex C – Eligibility

You must be 18 or older to use our platform. Anyone under 16 must have consent from a parent/guardian when providing personal data to FTPPC.

Annex D – Term

These Terms remain in effect while you use the FTPPC platform. You may stop using the service at any time. FTPPC may terminate your membership without notice. Even after termination, these Terms will continue to apply where relevant.



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Annex E – Licence to Use FTPPC

Subject to these Terms, FTPPC grants you a limited, personal, non-exclusive, non-transferable, non-sublicensable, revocable licence to use our platform for lawful personal use only.

You may not use FTPPC for commercial purposes without explicit written consent. You must not modify, copy, distribute, or exploit any part of our platform or content without our permission.

We may modify the application, website, or services at any time, with or without notice.

Annex F – User-Generated Content

You may submit content to FTPPC (e.g., workout data, videos, comments, recipes). By doing so, you grant FTPPC a royalty-free, irrevocable, sublicensable, worldwide licence to use, distribute, reproduce, modify, and display such content for service operation and development.

You are responsible for ensuring your content complies with applicable laws and does not violate the rules of sports organisations. FTPPC is not responsible for consequences arising from your posts.

After your account is closed, we may retain your content for legal or operational purposes and may use anonymised data for analytics.

Annex G – Community Guidelines

Our platform is a respectful, supportive space. You must not post content that is:

- Abusive, discriminatory, or offensive
- Illegal or fraudulent
- Commercial or promotional without consent
- Promoting unsafe practices or disordered eating
- Related to doping or banned substances
- Misleading, deceptive, or infringing on others' rights
- Targeting or endangering minors
- Violating any third party's intellectual property
- Misrepresenting FTPPC or its staff

Violations may result in content removal, account suspension, legal action, or reporting to authorities.



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Annex H – Staying Safe

You should consult a healthcare professional before participating in any physical or dietary activity promoted via FTPPC. You assume all risks associated with training or nutrition decisions made through our platform. FTPPC does not inspect, verify, or supervise any user activity and disclaims liability for any resulting harm.

Annex I – Health & Wellbeing Guidance

FTPPC offers personalised performance coaching, not medical advice. Always consult your doctor before beginning any new physical or dietary program. Our platform is for healthy individuals only and is not a substitute for professional medical care.

Annex J – Success Stories

Success stories shared on our platform are personal experiences and may not be typical or representative. FTPPC does not verify the accuracy or guarantee the results described.

Annex K – Intellectual Property

All content, code, and data on the FTPPC platform belong to us or our licensors. You may not copy or reuse them without permission.

By using the platform, you grant FTPPC the right to anonymise and aggregate your data for analytics and service improvement purposes.

Annex L – Restrictions on Use

You must not:

- Reverse engineer, decompile, or misuse our platform
- Copy or modify our software
- Redistribute FTPPC content for commercial purposes without consent

Annex M – Mobile Services

You need a compatible device to use FTPPC. We can't guarantee our app will work on your device. Data rates may apply.

By downloading the app, you allow us to collect limited usage data. We won't send marketing messages without your consent.

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Annex N – App Stores

By downloading FTPPC from an app store, you acknowledge:

- The app store is not responsible for maintenance, support, or any claims.
- These terms are between you and FTPPC, not the app store
- The app store is a third-party beneficiary of these terms

Annex O – FTPPC's Rights

We may:

- Record or monitor user content
- Investigate violations
- Remove harmful or illegal content
- Suspend or terminate accounts without notice
- We reserve the right to delete your content following account suspension or termination.

Annex P – Updates to These Terms

We may update these Terms. We will notify you by posting updates on our platform or contacting you directly.

By continuing to use our services after updates, you accept the revised terms. If you do not agree, you must stop using FTPPC.

Annex Q – Warranties

Except where required by law, FTPPC disclaims all warranties. We provide services “as is” without guarantees of performance, results, or uptime. This does not affect your statutory rights.

Annex R – Limitation of Liability

FTPPC is not liable for indirect or consequential damages, including lost profits. Our total liability is limited to the amount paid by you for our services.

We do not accept liability for injuries, allergen reactions, or harm caused by use of our platform, content, or recipes. You use our services at your own risk.



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Annex S – Indemnification

You agree to indemnify FTPPC against any third-party claims arising from:

- Your user-generated content
- Your use of our platform
- Violations of these Terms
- Activities or events facilitated by FTPPC
- Improper use of another user's data

Annex T – Use of Personal Information

We only use your data in line with our Privacy Policy. Please read it carefully.

Annex U – Governing Law & Disputes

These Terms are governed by the laws of UK. Any disputes shall be handled in the courts of that jurisdiction.

